

## Hiking in Sintra



Sintra's mountain offers an incredible variety of natural scenery, combining mountain, wild life and ocean views. The proximity with the Atlantic Ocean and the micro-climate generates such diverse landscapes that UNESCO declared it as a World Heritage site.

During this hiking trip you'll have the opportunity to hike through some of the most secluded and lesser known areas of Sintra. Listen to the birds, feel the breeze against the trees and relax. You'll hardly see a person around, even though Sintra is famous for the crowds.

Every journey is created specifically for each tour ensuring that the fitness level and distance are the most appropriate for the client. Don't worry about getting exhausted, we can adjust itinerary as we go. You may feel out of breath due to the landscape, not the pace. It is quite breath taking. If you're a serious hiker or runner, please let us know, this tour is suitable for you too.

After hiking all morning, relax in the car while driving along the coast and find the perfect place for a much-deserved lunch or drink. The day will continue with a visit to the stunning views of *Cabo da Roca*, the westernmost point of Continental Europe. Then we'll find our way back to Lisbon driving along Cascais, Estoril and see the point where the Tagus flows into the Atlantic Ocean.

**What's included?** A 6 to 7-hour tour with a trained guide with a first aid kit, transportation at luxury vehicle, and GPX track.

**What isn't included?** Meals and Drinks, Souvenirs.